



# Local anaesthetic

## Information and consent

Dental Aesthetics · Doctor medic Claudius-Horatius Moldovan · Simonstraße 3, 33106 Paderborn-Elsen · Version: 03/10/2026  
English translation of the German form. In case of doubt, the German version applies.

### Key points

This form prepares you for your conversation with the dentist. It does not replace it. Please read it at your leisure and note down your questions.

The practice works exclusively with **local anaesthetic**. There are several techniques with different advantages and disadvantages. You decide for yourself whether and how you are anaesthetised.

## 1. Patient and planned treatment

First name and surname: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Legal representative (if any): \_\_\_\_\_

Planned treatment / tooth: \_\_\_\_\_

## 2. The techniques

- ☐ **Infiltration anaesthesia:** the anaesthetic is injected under the gum next to the tooth. It numbs individual teeth, mainly in the upper jaw.
- ☐ **Nerve block:** the anaesthetic is injected close to a nerve. It numbs a whole half of the jaw, usually the lower jaw, together with the lip and tongue – for several hours.
- ☐ **Intraligamentary anaesthesia:** the anaesthetic is placed in the gap between tooth and bone. It numbs only the single tooth; the effect is shorter and the lip and tongue usually remain unaffected.

The dentist will discuss with you which technique is suitable for your treatment and will tick it.

## 3. Possible risks

- Pain at the injection site, also after treatment
- Bruising, swelling, temporarily limited mouth opening
- Infection at the injection site
- Circulatory reaction, feeling unwell, dizziness
- Allergic reaction or intolerance to the anaesthetic
- Irritation of a nerve with numbness or tingling that may last for days to weeks
- In rare cases **permanent damage to a nerve** near the injection site: lasting numbness of the lip, tongue or chin, altered taste, paralysis of individual facial muscles, for example a drooping corner of the mouth. This risk exists mainly with a nerve block.
- With intraligamentary anaesthesia: the tooth may be sensitive to biting for a few days
- Bite injuries to the lip, cheek or tongue while the anaesthetic is working

## 4. Alternatives

- Another of the techniques named above, provided it is suitable for the treatment.
- Treatment without anaesthetic. This may be painful.
- The practice does not offer treatment under sedation or general anaesthetic.

## 5. Before and afterwards

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- Please tell us about illnesses, allergies, all medicines and any pregnancy.
- Do not eat and do not drink anything hot while the anaesthetic is working. With children, make sure they do not bite their lip or cheek.
- Your fitness to drive may be impaired. Preferably do not drive yourself while the anaesthetic is working.
- If the numbness lasts longer than a day, please call the practice: +49 5254 65333.

## 6. Consultation

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Consultation on: \_\_\_\_\_ at (time): \_\_\_\_\_

Dentist providing the information: \_\_\_\_\_

Particular points in my case, alternatives discussed and my questions (to be completed by the dentist):

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## 7. My decision

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The dentist has spoken to me in person about the local anaesthetic, the techniques, their risks and the alternatives. I was able to ask questions and had time to decide without pressure. I can withdraw my consent at any time without any formalities.

☐ I **consent** to local anaesthetic using the technique ticked under 2.

☐ I would **like more time** before I decide.

☐ I **decline** the treatment. I have been informed about possible disadvantages for my health.

Copy of this form: ☐ I have received one ☐ I do not want one

\_\_\_\_\_  
Place, date

\_\_\_\_\_  
Patient's signature

\_\_\_\_\_  
Place, date

\_\_\_\_\_  
Signature of the legal representative (if any)

\_\_\_\_\_  
Place, date

\_\_\_\_\_  
Dentist's signature

Information on data protection is given in the practice's "Patient information on data protection". This form becomes part of your patient record.